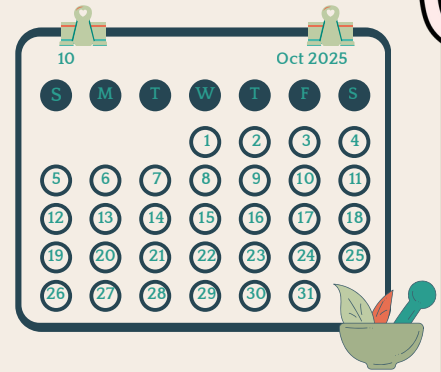
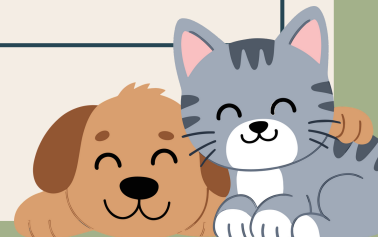


Monthly Pet Medication Tracker



Month	Product Name	Dose Given	Next Due Date	Notes (e.g., swimming, side effects, reminders)
January				
February				
March				
April				
May				
June				
July				
August				
September				
October				
November				
December				





Environmental Hygiene Checklist

Task	Frequency	Done (✓)	Notes
Wash pet bedding in hot water	Weekly		
Vacuum carpets, rugs & couches	Weekly		
Mop floors and disinfect pet areas	Weekly		
Check garden & mow grass short	Fortnightly		
Remove leaf litter or debris	Fortnightly		
Spray or treat outdoor areas (if recommended)	Monthly		
Check doorways & patios for ticks	Weekly		

 **REMINDER: FLEA EGGS AND LARVAE OFTEN LIVE IN CARPETS, CRACKS, AND SOFT FURNISHINGS — NOT JUST ON YOUR PET!**



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Pet Grooming & Physical Checks

Task	Frequency	Done (✓)	Notes
Brush coat thoroughly	Weekly		
Check ears, neck, tail base for ticks	Weekly		
Inspect paws and between toes	Weekly		
Comb for fleas/flea-dirt using fine comb	Fortnightly		
Bathe with gentle pet shampoo	Fortnightly		
Trim nails & check skin condition	Monthly		

 **TIP: MAKE IT A BONDING MOMENT — GENTLE GROOMING STRENGTHENS YOUR CONNECTION AND KEEPS YOUR PET COMFORTABLE.**



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Veterinary Consultation & Record-Keeping

Action	Frequency	Done (✓)	Notes
Vet check-up & parasite prevention review	Twice a year		
Discuss product options or resistance concerns	As needed		
Record weight changes (affects dosage)	Quarterly		
Note any side effects or unusual behaviour	Ongoing		

 **VET TIP: ALWAYS BRING YOUR TICK/FLEA RECORD WHEN VISITING YOUR VET — IT HELPS TRACK PATTERNS AND ADJUST TREATMENTS IF NEEDED.**



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Multi-Pet Household Co-ordination

Step	Description	Completed (✓)
Treat all pets in the home on the same day	Prevents cross-infestation	
Keep untreated visiting pets separate	Avoids re-infestation	
Clean common bedding and play areas	Shared environments = shared risk	
Use vet-approved products safe for each species	Some dog products can harm cats!	

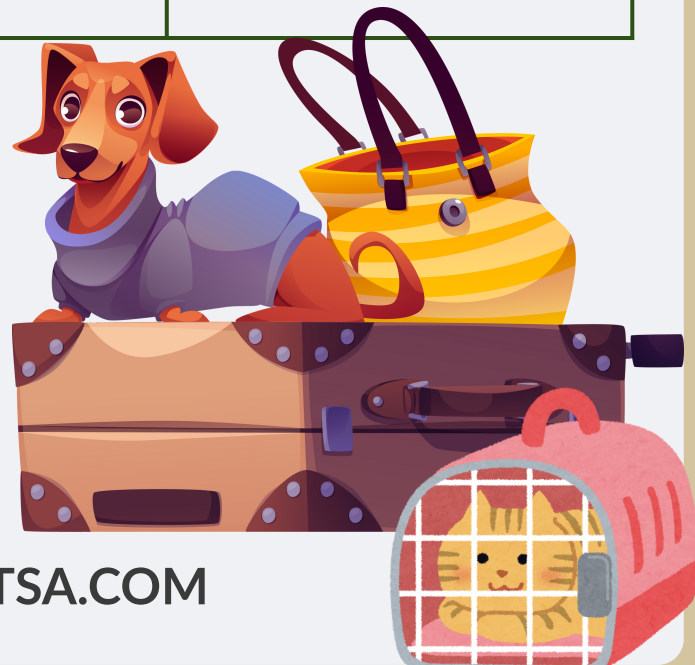
 **NOTE: FLEAS AND TICKS DON'T DISCRIMINATE — IF ONE PET IS INFESTED, ASSUME ALL ARE EXPOSED.**





Travel & Seasonal Risk Reminders

Situation	Risk	Recommended Action
Visiting rural or bushveld areas	High tick exposure	Apply treatment before travel & check after
Boarding kennels / catteries	High flea exposure	Confirm they enforce parasite control
Warm, humid months (Oct-Mar)	Flea populations surge	Double-check indoor & outdoor hygiene
After rain or heavy growth in garden	Increased tick activity	Mow grass, check pets after outings



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